

PBM

What's in

Shopping Jamaica

Snap up these island souvenirs and savory local snacks.

HEADED TO JAMAICA? SARAH GREAVES-GABBADON, A black-belt international shopper who lived on the island for more than 20 years, says skip the three-for-\$20 T-shirts and bring back one of these singular souvenirs. A Moveable Feast / With recipes, entertaining anecdotes, and lush photography, Rosemary Parkinson's cookbook, Nyam Jamaica, takes readers on a culinary safari, from roadside soup kitchens to the home of a goat cheese-making heiress. Tel: 876-968-5488 Stone Love / Jamaican jewelry designer Anna Henriques' fun, funky baubles (right) are an eclectic combo of gold, silver, and semi-precious gemstones that transform the simplest outfit into a stunner. Even Barneys can't keep 'em in stock. annaruthhenriques.com Mmm, Mmm Good! / What cheeseburgers are to Americans, patties (filled with beef, vegetables, or shrimp) are to Jamaicans. Enjoy these instantly addictive flaky pastries like a local: piping hot, straight from the brown paper bag. Also buy some frozen to take home. tasteejamaica.com Terrific to a T / If you simply must buy a T-shirt,



make it one from Kingston boutique La Pluma Negra, whose collection of slim-fit Ts and hoodies with sassy local sayings will delight even hard-to-please teens. *plumanegra.com* **Taster's Choice** *I* Take home a handpoured luminary, made with beans harvested from the Blue Mountains, that emits the intoxicating scent of the world's finest coffee. *starfishoils.com* Craving the real thing? Pick up a pound before you leave. *countrytraders.com* **Red Zinger** / Equal parts sweet, tart, and spicy, sorrel chutney is made from the ruby-red petals of a hibiscus-like flower. The exotic preserve pairs perfectly with roasted meats and cheese. *walkerswood.com* **Photo Finish** / It's been 16 years, but the legend continues. At the Jamaican Bobsled Café on Mo'Bay's Hip Strip, grab a lobster-topped Gold Medal pizza, and then take a photo in an original Olympic bobsled. *Tel:* 876-971-6978 **W**